

MLP Curriculum Exposure Activities Pg.1



MY LUXE PUPS
mini bernese mountain dogs

Litter Name: Asher & Aria 2023

Advanced Physical & Neurological Stimulation Activities (PNSA)

Start Week 4 { Day 28-56 }		Activities	
Date Accomplished			
			Day 28-56
			Stuffed Toys, Ropes, Rubber Toys (No Movement)
			Ping Pong Balls (Gentle Movement)
			Bubble Wrap / Foil / Varied Fabric
			Small Blocks and Rings
			Tactile Boards - Beginner
			Uneven / Spikey / Balance boards (Tactile Work)
			Free Play (Variety of Items, Textures, Sizes)
			Tunnel/Box (in, around, over)
			Big Balls (larger than puppy)
			Big Blocks (step and slide)
			Other:
			Other:
			Day 35-56
			Wiggle, Jiggle, Giggle (Items That Move)
			Water Bottles
			Ball Pit (Tennis balls or Plastic-Colored Balls)
			Things with Wheels (Skateboard, Bike Cart, Etc.)
			Snuffle Mats for Tactile Work
			Reflective Footing
			Grate
			Other:

MLP Curriculum Exposure Activities Pg.2



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Litter Name: Asher & Aria 2023

Advanced Physical & Neurological Stimulation Activities (PNSA)

Week 4 { Day 28-56 }		Activities
Date Accomplished		
		Day 42-56
		Activity Cube
		Brain Games (use kibble or treats)
		Water Exposure (baby pool)
		Parachute / Balloons / Plastic Bag (Overhead Exposure)
		Educational Path / Obstacle Course
		Neutral Dog (can be done earlier)
		Larger Slide / Steps with Landing
		Expeditions: Car Ride / Explorer Walk / Etc.
		Puppy Massage by "Stranger"
		"Pass the Puppy" exercise with "Strangers"
		Outside Puppy Playground(s) Exposure
		Other:
		Other:
		Other:

Additional Notes:
